



February 2011



Hanover High School
287 Cedar Street
(781)878-5450

Breakfast available 7:00am to 7:20am

Students* Special* \$1.00

Adults \$2.00

Juice, milk, coffee, choice of assorted bagels or low-fat muffins, fresh fruit and low-fat Upstate Farms yogurt

Lunch Alternates:

*Low-fat Upstate Farms yogurt parfait cup with fruit and granola

*Prepared salad of the day with meat/cheese and whole wheat roll

*All natural white meat chicken patty sandwich

*Deli turkey sandwich

*Whole wheat bagel lunch with fruit and protein

*Additional alternatives available daily

Salad Bar also available daily

***Lunch Alternate is served with choice of the main menu sides of the day.**

Milk 50¢

Frozen Treats 75¢

Fresh Fruit 50¢

Snacks \$1.00

Cost of Students Lunch

Student Lunch \$2.00

Premium Lunch \$3.50

Premium Lunch with extra milk \$4.00

Premium Pizza (Fridays) \$3.00

Cost of Adult Lunch

Adult Meal \$3.00

All Adult Premium Lunches \$4.00

Make Checks payable to the:

Town of Hanover

February \$30.00

Feb-June \$166.00

Please write checks for monthly, half year and full year and pay at the cafeteria register.

Please note prices are subject to change

Free and Reduced Price School Meals

Applications are available by contacting Mike Meagher, Food Service Director and on our website.

Please also refer to our website at

www.hanoverschools.org/foodservices
for further information

Please note menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1) Egg and cheese on bagel with sausage, hash browns, orange slices, and milk	2) BBQ rib on roll, oven baked potatoes, applesauce and milk	3) Nachos with spicy lean beef or shredded chicken and cheese, lettuce, tomatoes, salsa, fresh apple and milk	4) Assorted healthy pizza with fresh garden salad, fresh apple and milk
7) Ham and cheese on a croissant /bagel, hash browns carrot sticks, apple and milk	8) Chicken dippers with rice, peas/carrots, dinner roll, pineapple chunks and milk	9) Grilled cheese on whole wheat bread, chicken noodle soup, carrot sticks, fresh apple and milk	10) Pancakes with light sausage, oven roasted potatoes, carrot sticks, apple slices and milk	11) Assorted healthy pizza with fresh garden salad, fresh apple and milk
14) Chicken quesadilla with lettuce, tomato, salsa, pineapple chunks and milk <i>St. Valentine</i>	15) Hamburger/cheese burger or gardenburger with lettuce, tomatoes, oven roasted potatoes, fresh orange and milk	16) Chicken parmesan sandwich on whole wheat roll, fresh garden salad, pear slices and milk	17) Nachos with spicy lean beef or shredded chicken and cheese, lettuce, tomatoes, salsa, peach slices and milk	18) Assorted healthy pizza with fresh garden salad, fresh apple and milk
21) Holiday 	22) Vacation 	23) Vacation 	24) Vacation 	25) Vacation
28) Meatball sub with cheese, green beans, mixed fruit and milk				

Fresh Fruit Alternates Available Daily* *Alternate Hot Meals Available Daily

Assorted Breads Available at the High School



Half year prepaids now due